

About the program:

Students in this one-year program are preparing for employment as a Nurse's Aide/Home Health Aide, and/or for entry into a practical nursing program as well as other health occupations. Students will receive clinical training in a local nursing home. Upon successful completion of this course, students meeting the standard established by the State Board of Nursing and New Horizons are eligible to take the National Nurse Aide Assessment Program examination to become a Certified Nurse Aide in Virginia.

Prerequisites: This one-year program meets the sequential elective requirement. Students must have a desire to work with people, be in good physical condition, have good hand/eye coordination, possess manual dexterity, and have the ability to read and comprehend technical material at a 10th grade reading level. Results of a current (good for one year) TB skin test must be on file with New Horizons CTEC no later than October 30th. Students must pass a general safety rules test with 100% accuracy prior to attending clinical training. Also, students must have completed a full year of Biology with a grade of "B" or better.

Topics of study:

- Medical Terminology
- Personal Care Skills
- Nutrition
- Health Care Exploration
- Role of the Nursing Aide
- Legal & Ethical Issues in Health Care
- Communication
- Common Health Programs

Career Opportunities:

- Home Health Assistant
- Nursing Aide
- Personal Care Assistant
- Orderly
- Resident Care Aide

Certifications:

 Virginia Board of Nursing – Nurse Aid Examination