

New Horizons Regional Education Center
Nurse Aide I and II (Certified Nurse Assistant)
2022-2023

Instructor: Adrienne Ratliff, MSN, RN

Office Phone: 757-766-1100 ext. 3391

E-mail: Adrienne.ratliff@nhrec.org

Office Location: Rm B4

Certification: Virginia CNA Certification Program-VA Board of Nursing

American Heart Association Healthcare Provider BLS

Textbook: Mosby's Essentials for Nursing Assistants

Course Description:

The Nurse Aide course at New Horizons Regional Education Center prepares students for Nursing Assistant Certification from the Virginia Board of Nursing. The course prepares students for employment in a variety of both long-term care and acute care facility settings. The curriculum will include classroom instruction and discussion, clinical skills lab and simulation requirements as well as direct patient care at an off- site, clinical setting located at a local long-term care facility.

The curriculum, set forth by the Virginia Board of Nursing, will cover 14 units.

1. Nurse Aids and Long-Term Care
2. Communication and Interpersonal Skills
3. Infection Control
4. Safety Measures
5. Emergency Measures
6. Client/Resident Rights
7. Basic Skills
8. Personal Care Skills
9. Mental Health and Social Services
10. Special Needs Clients
11. Basic Restorative Services
12. Respiratory, Cardiovascular, HIV/AIDS
13. Admission, Transfer and Discharge
14. Legal and Regulatory Aspects of Practice for the CNA

***Personal care skills such as bathing, grooming, dressing, feeding, toileting and catheter care are requirements of the course in the classroom and clinical instruction as well as performed independently in direct patient care. No student may exclude any of the required skills.**

Students will complete a skill competency record that includes all Virginia Board of Nursing Nurse Aide skill requirements. Students who do not successfully complete all required skills

along with successful academic progress and attendance requirements will not be permitted to take the National Nurse Aide Certification exam.

The instructor shall, along with the students; advise, consult, coach, and mentor. This mandates collaboration within the classroom and promotes a high degree of autonomy.

Methods and Resources for Instruction:

- Lecture
- Discussion
- Research
- Role play/collaboration
- Skills/Procedure demonstration with student return demonstration
- Guest Speakers
- Scenario-based activities
- Computer based instruction
- Clinical Rotation at a nursing facility

Course Objectives:

By the end of the course students will:

- Be prepared for successful completion of the NNAAP Exam state-required written and skill demonstration competency evaluation as required for nurse aide certification in Virginia.
- Meet the federal and state requirements for Nurse Aide Programs
- Be prepared to function efficiently, effectively and safely
- Gain new skills that promote communication skills including vocabulary, writing, research and public speaking skills
- Develop and demonstrate competent communication, customer service and team work skills
- Be prepared to enter the workforce in their field upon completion of the program

Course Requirements:

- Computer Access- students will have computer- based assignments. Students will need to access computers at home with sufficient internet access to complete course requirements. Students must bring their Chromebook or laptop fully charged to every class.
- Students must be able to read and write at tenth grade level and possess the basic math skills to achieve success with course requirements.
- Students must be able to independently lift 50 pounds to safely perform their duties.

- Purchase of program designated scrub uniform, vaccination requirements, and other class fees.
- CPR certification (course will be taught in class)
- Wrist watch with a second hand (No digital watches)

Academic Requirements:

Each student must score a minimum of 70% on each unit test. Students who do not meet the minimum score are not candidates to proceed to clinical site rotations and therefore cannot take the NNAAP exam for certification. Students who do not meet the minimum requirements will return to their home schools at the end of the semester.

Students must meet the physical requirements set forth by the clinical site.

Clinical Site Rotation Requirements:

The Virginia Board of Nursing requires 40 hours of hands on clinical experience in a long-term care setting. No student may have less than 40 hours of clinical experience in order to be a candidate for the NNAAP certification exam.

Students must score a minimum of 70% on all unit/chapter tests to successfully progress in the course and be a candidate for clinical site rotations.

No student may be excluded from performing any required skill as set forth by the VBON for nurse aide certification.

Each student must have health screenings completed by their healthcare provider as well as background checks completed prior to clinical rotations. These requirements are required by the long-term care facility for all students. Each student must show record of current flu vaccination. Other health requirements may be required.

Clinical rotations are tentatively scheduled to begin in late February or early March. Students' clinical site days begin at approximately 6:15 and end at approximately 3:15. Finalized clinical rotation site schedules will be provided closer to the beginning of the rotation. Due to limitations of the clinical site to accept students and coordinate their availability with multiple educational partners, it is possible that no clinical site rotation may be made up. One make-up date is usually available but cannot be guaranteed. Clinical instructors will remain on site with the students at all times.

Transportation to and from the clinical site is the responsibility of the student/parent.

Failure to **successfully complete 40 hours** of clinical experience will result in the student's inability to test for state certification.

Grading and Evaluation Procedures:

Grading Scale

A: 90-100
B: 80-89
C: 70-79
D: 60-69
F: 0-59

Course Grade Distribution

Lab/Skills Demonstration &	
Tests	35%
Quizzes:	20%
Classwork & Projects	45%
Total:	100%

Yearly Grade Distribution

1st Semester

1st 9 Weeks:

2nd 9 Weeks:

Mid-Term Exam:

2nd Semester

3rd 9 Weeks:

4th 9 Weeks:

Final Exam:

- **Final Exam-** Students will take the NAACP written exam at the end of the year.
- **Class Participation-** This course functions as a group and participation is mandatory. Students are expected to contribute to class discussion and class exercises, participate in peer mentoring and group projects. Students will experience care as a patient as well as provide care as a nurse's aide (repeat demonstration).
- **Competency Skills-** A competency skills record will be maintained by the instructor and student of each student's competency of required skills. These competencies require hands on activities and class participation in the classroom, skills lab and clinical rotations.

- **Homework-** May be required to enhance lecture, prepare you for discussion and/or understand subject material
- **Attendance-** Attendance is required per VBON Nurse Aide program requirements. All work must be made up as students are assigned required assignments and competencies according to VBON requirements (please see page in student handbook). In the event of excused absences, it is the **student's responsibility** to contact the instructor for any missed work. Students with an excused absence will be provided two class periods to submit their work. Students should email their teacher when they are absent to obtain any missed work and submit when they return to prevent falling behind in coursework. Only email communication will be accepted.
- Students are expected to turn in completed assignments on or before due dates. Steady progression through the curriculum by all students must be obtained in order to complete required competencies prior to clinical rotations.

Students who find themselves falling behind the pace of the course, successful passing of unit/chapter tests or amount of coursework required should contact their instructor to discuss their needs in the program.

Each student must score a minimum of 70% on each unit exam in order to attend the clinical portion of the course, this standard must be met for every unit test. Any student who does not meet the minimum score of 70% on a unit exam may have ONE exam retake per semester. Unit tests are indicative of your competency in skill acquisition and knowledge acquisition that you will apply when providing hands-on care in your clinical rotation. Student who are not successful on multiple unit tests will receive the recommendation to return to their home schools at the end of the semester.

Class Fees:

CPR (varies per provider; \$25.00 - \$50.00)

Criminal background check approximately \$20.00 - \$25.00

Lab fee \$10.00 paid through nps.schoolcashonline.com

HOSA membership dues (NOT REQUIRED) - \$15.00 paid through nps.schoolcashonline.com

Scrub uniform (top and pants chosen by program instructor) approximately \$40.00 - \$50.00

***Students must have their scrub uniform no later than September 30th. ***

Supply List:

Small Pocket Notebook- for clinical note taking

Notebook with paper

1" binder with page protectors for competency skills lists

Highlighters

Black ink pens

Markers and/or colored pencils

Chromebook or laptop with charger in class every day

Health Occupations Students of America

HOSA, the co-curricular student organization for Health and Medical Sciences, provides many opportunities for students to apply the knowledge, skills, and processes learned in a variety of courses. HOSA activities and competitive events correlate with the tasks and competencies in this course and include Health Sciences events (Medical Spelling, Medical Terminology, and Knowledge Tests), Health Professional events (Nursing Assisting and Personal Care), Leadership events (Interviewing Skills, Job-Seeking Skills, and Medical Photography), Teamwork events (Biomedical Debate, Health Career Display, and HOSA Bowl), and Emergency Preparedness events (CPR/First Aid and Epidemiology).

The HOSA membership fee is \$15, which includes the state fee of \$5 and the national fee of \$10.

This is payable through nnps.schoolcashonline.com.

HOSA membership is not required but HIGHLY RECOMMENDED. Only HOSA members that have paid their state and national dues will be able to participate in the Fall Leadership Conference and State Leadership Conference.